

WE'RE PROUD TO SAY THIS MENU IS 100% GLUTEN-FREE, DAIRY-FREE, SOY-FREE AND PEANUT-FREE*

CERTIFIED ORGANIC COLD-PRESSED JUICES

GREENS

Deep Green \$9.25 cucumber, celery, kale, spinach, romaine, lemon, ginger	Green Ginger \$9.25 kale, romaine, spinach, celery, cucumber, green apple, lemon, ginger
Pure Green \$9.75 cucumber, celery, spinach, parsley, lemon, mint	Radiance \$9.75 cucumber, apple, spinach, rose water, lemon, shizandra, chlorophyll
#Getyour greens \$9.25 celery, cucumber, aloe swiss chard, romaine, cilantro, lemon, ginger,	Celery Detox \$7.95 celery, lemon

BLENDS

Salad Spinner \$9.75 carrot, celery, cucumber, beet, apple, ginger, lime, turmeric	What's Up Doc \$9.75 carrot, orange, turmeric, ginger
Recharge \$9.25 orange, strawberry, coconut water, grapefruit, beet, ginger, lemon	Strawberry Sunrise \$8.50 coconut water, orange, strawberry, lime, probiotics
D-Tox \$9.50 pineapple, green apple, young coconut water, mint, chlorophyll	Seasonal Blend a rotating blend of this season's freshest organic produce

2oz WELLNESS BOOSTS

Immune Boost \$4.25 orange, lemon, ginger, cayenne, echinacea, reishi	Energy Elixir \$4.25 pineapple, ginger, matcha, vitamin b12
Liver Flush \$4.25 grapefruit, beet, aloe, milk thistle, burdock root, cayenne	Tummy Tonic \$4.25 green apple, aloe, apple cider vinegar, ginger, probiotics
Vitality Shot \$4.25 turmeric, lemon, ginger, black pepper	

NUT MYLKS & SHAKES

Get Up And Go-Go \$9.95 cold-brew coffee, raw almonds, dates, vanilla, sea salt	Cashew Mylk \$9.75 raw cashews, raw agave, vanilla, cinnamon, nutmeg
Rockstar On-The-Go \$10.50 sprouted almond mylk, coconut water, banana, date, coconut butter, vanilla protein, blue spirulina, adaptogenic mushroom blend	Low Glycemic Strawberry \$10.50 sprouted almond mylk, strawberry, avocado, Beaming vanilla protein, almond butter, yacon
Chocolate Protein \$10.50 raw almonds, dates, banana, raw almond butter, cacao, ultra brown rice protein, sacha inchi, vanilla, sea salt, stevia	

CITRUS

Black Magic \$7.75 alkaline water, lemon juice, monkfruit sweetener, cayenne, activated coconut charcoal	Alkaline Elixir \$7.75 alkaline water, coconut water, ginger, lemon, local raw honey, turmeric, mint, cayenne
Immunity \$9.75 orange, grapefruit, lemon, ginger, cayenne	

OTHER

True Brew \$4.95 fair-trade organic cold-brew coffee
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CLEANSSES

Classic Reset \$54.25 Celery Detox, Green Ginger, D-Tox, Black Magic, Radiance, Cashew Mylk	Advanced Reset \$55.25 Deep Green, Pure Green, #GetYourGreens, Black Magic, Pure Green, Cashew Mylk
Custom build your own cleanse to best suit your needs. Select any six juices per day.	

COLD DRINKS

Kombucha   \$4.95 Original Recharge Green Ginger Immune Boost	Iced MCT Keto Coffee \$5.95 coffee, coconut butter, tocos, MCT oil, vegan collagen boost
Cold Brew Coffee   \$4.25 add cashew or almond mylk + \$1	Iced MCT Keto Matcha Latte \$5.95 matcha, coconut mylk, tocos, MCT oil, vegan collagen boost

HOT COFFEE & TEA

Black Coffee  \$3.25 add steamed cashew or almond mylk + \$1.25	Superfood Mocha \$5.25 coffee and superfood hot chocolate w/ steamed cashew mylk
MCT Keto Coffee \$5.95 coffee, coconut butter, tocos, MCT oil, vegan collagen boost	Loose Leaf Tea  \$3.25 add steamed cashew or almond mylk + \$1.25

ORGANIC SUPERFOOD BOWLS

STEP 1: CHOOSE A BASE

Acai Superberry pure unsweetened acai, house-made almond mylk, blueberry, banana	\$11.25	Green kale, spinach, banana, mango, avocado, coconut water, probiotic coconut yogurt	\$11.25
Almond Butter Acai pure unsweetened acai, house-made almond mylk, almond butter, blueberry, banana	\$11.75	Dragon pitaya, banana, pineapple, coconut water, probiotic coconut yogurt	\$11.25

STEP 2: CHOOSE A TOPPING STYLE

Classic GF Superfood Granola**, banana, seasonal berries, coconut shavings, local honey drizzle	Paleo almonds, cashews, cacao nibs, coconut shavings, hemp seeds, bee pollen, seasonal berries, local honey drizzle
Protein GF Superfood Granola**, banana, seasonal berries, cashews, cacao nibs, hemp seeds, local honey drizzle	

**granola contains nuts and coconut

OPTIONAL STEP 3: ADD A BOOST (additional charge)

Blended In	On Top
Activated Charcoal_____ \$1.50	Almond Butter_____ \$1.25
Adaptogenic Mushroom Blend_____ \$1.50	Bee Pollen_____ \$1.25
Almond Butter_____ \$1.25	Cacao Nibs_____ \$1.00
Probiotics_____ \$1.00	Cashews_____ \$1.00
Vanilla Protein*_____ \$1.50	Goji Berries_____ \$1.25
	Hemp Seeds_____ \$1.00
	Puffed Quinoa_____ \$1.25
	Toasted Almonds_____ \$1.00

*our signature vanilla protein is grain-free and vegan

BREAKFAST BOWLS

Hot Protein Oats GF oats cooked with almond mylk, EPIC protein and coconut, topped with banana, seasonal berries, probiotic coconut yogurt and a local honey drizzle	\$7.25	Coconut Yogurt Parfait probiotic coconut yogurt layered with banana, seasonal berries, GF Superfood Granola** and a local honey drizzle	\$7.95
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**granola contains nuts and coconut

PALEO PROTEIN WAFFLES

Almond Butter + Banana toasted GF waffle***, banana, almond butter, probiotic coconut yogurt, hemp seeds, local honey drizzle	\$6.95	Berries + Cream toasted GF waffle***, seasonal berries, almond cream cheese, toasted almonds, local honey drizzle	\$6.95
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***waffle contains almond and coconut

TOAST

Avocado 	\$5.50
avocado mash, microgreens, black sesame seeds, GF sourdough	
Banana Almond Butter	\$5.50
almond butter, banana, honey, toasted almonds, GF sourdough	
Golden 	\$5.50
turmeric hummus, avocado mash, pickled red onion, microgreens, crunchy seeds, GF sourdough	

SOUP

Soup of the Day	\$6.25
Soup + Toast choose any of our hand-crafted GF toasts to accompany your soup	\$10.95

ORGANIC SUPERFOOD SMOOTHIES 16oz

Marina Greens cold-pressed orange and lime juice, coconut water, aloe, kale, spinach, avocado, spirulina	\$9.50	The Epic Vanilla, Chocolate or Greens TRY IT LOW-GLYCEMIC house-made almond mylk, banana, almond butter, date, vanilla protein, himalayan salt (Chocolate includes cacao. Greens includes spinach.)	\$8.95
Peace Love & Kale coconut water, coconut meat, kale, spinach, date, cinnamon	\$9.95	Lean + Green house-made almond mylk, coconut water, avocado, spinach, vanilla protein*, superfood greens, hemp seeds, chia seeds, maca, cinnamon, himalayan salt	\$10.95
Berry Blaze coconut water, blueberry, banana, raspberry, strawberry, acai, goji berry	\$9.95		

Sunset Beach cold-pressed orange, carrot, pineapple, turmeric, ginger and lime juice, house-made almond mylk, mango, pineapple, strawberry	\$10.50	Mint Chip TRY IT LOW-GLYCEMIC house-made almond mylk, coconut water, banana, coconut meat, spinach, vanilla protein*, almond butter, date, coconut flakes, cacao nibs, mint	\$9.95
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Blue Moon house-made almond mylk, blue spirulina, coconut meat, cashews, date, vanilla, himalayan salt	\$10.50	Rockstar TRY IT LOW-GLYCEMIC house-made almond mylk, coconut water, banana, date, coconut butter, vanilla protein*, blue spirulina, adaptogenic mushroom blend	\$10.95
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Mission Mocha TRY IT LOW-GLYCEMIC cold-brew coffee, house-made almond mylk, coconut meat, banana, date, raw cacao powder and nibs	\$9.50	Buff Beatnik TRY IT LOW-GLYCEMIC house-made almond mylk, blueberry, banana, spinach, almond butter, date, vanilla protein*, hemp seeds, cinnamon	\$9.95
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*our signature vanilla protein is grain-free and vegan

SUPERFOOD BOOSTERS

Protein	Energy
Hemp Seeds_____ \$1.00	Bee Pollen_____ \$1.25
Vanilla Protein*_____ \$1.50	Blue Spirulina_____ \$2.00
Healthy Fats	Cacao Nibs_____ \$1.00
Almond Butter_____ \$1.25	Cacao Powder_____ \$1.00
Coconut Butter_____ \$1.00	Maca_____ \$1.00
Greens	Matcha_____ \$2.00
Kale_____ \$1.00	Gut Support
Spinach_____ \$1.00	Chia Seeds_____ \$1.00
Immunity	Probiotics_____ \$1.00
Superfood Greens Powder_____ \$1.25	Detox
Beauty	Activated Charcoal_____ \$1.50
Vegan Collagen Support_____ \$2.00	Stress Relief
	Adaptogenic Mushroom Blend_____ \$1.50

TRY YOUR SMOOTHIE LOW-GLYCEMIC Replace banana and date with avocado and yacon. Yacon is a sweet-tasting superfood that's a zero on the glycemic index.	\$1.50
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ADAPTOGEN LATTES

Golden Immunity turmeric, ginger, cinnamon, black pepper, coconut mylk, honey, reishi, chaga, lion's mane mushroom, shiitake, maitake, agaricus, schisandra berry, mangosteen peel	\$5.95
Matcha Energy matcha, ginger, coconut mylk, raw agave, rhodiola, suma, green coffee, jatoba, guarana	\$5.95
Brain Alchemy raw cacao, rice bran tocos, vanilla, sea salt, coconut-almond mylk, raw agave, gotu kola, ginkgo, brahmi, lion's mane mushroom, rama tulsi, rosemary	\$5.95
Detox Tonic 	\$5.95
ginger, turmeric, lemon water, honey, graviola, moringa, chanca piedra, spirulina, chlorella, rama tulsi, dandelion, lemon peel, lemongrass	
Skin Potion	\$5.95
blue spirulina, coconut mylk, honey, he shou wu, horsetail plant, gynostemma, nettles, calendula, comfrey	